



MAKE WELLNESS A PRIORITY

ENDEAVORS®

WELLNESS ROOM

A tranquil place created with special tools to customize your experience in achieving deep relaxation, meditation, and mindfulness.

PandoraStar Light

PandoraStar is an advance light machine featuring 12 stroboscopic LEDs that offers a fast, safe and easy way to reach deep relaxation states.

Alpha-Stim M

Get quick, sustainable relief from acute, chronic, and post-traumatic pain, while also treating other conditions often associated with pain (including anxiety, insomnia, and depression).

Additional Resources for Comfort

- Weighted blanket (Lavender, Lemon, Eucalyptus, Orange)
- Non-weighted blanket
- Neck Pillow
- Eye Mask
- Aromatherapy

Mindful Chair™

Mindful Chair meditation technology provides effortless meditation benefits. Just sit back and experience the benefits. When it is time to perform at your best, the meditation chair quiets the busy mind and mental distractions, provides deep relaxation and stress reduction, provides valuable recovery, and teaches how to be in the moment to achieve peak performance.

Alpha-Stim AID

This form of Alpha-Stim is a noninvasive, safe, and effective form of neurostimulation that can be performed by the clinician or the patient at home. It sends very tiny electrical signals into the brain by electrodes attached to the ears. The electrotherapy stimulation device quickly and safely relieves symptoms of anxiety, insomnia, and depression without depending on medication.

CHOOSE WELLNESS!

REQUEST A RESERVATION

[ENDEAVORS.ORG/RELAX](https://endeavors.org/relax)

