

ENDEAVORS®

Our behavioral health services span across all Endeavors service lines and seeks to address quality of life from multiple angles: mind-body, connectedness, spiritual, environmental, economic, and knowledge. Endeavors provides behavioral health services both virtually and in person for individuals with severe, chronic, and/or co-occurring disorders.

Behavioral Health Services

IN 2022,

ZERO SUICIDE INITIATIVE

At Endeavors, we believe suicide is preventable when we utilize a upstream public health approach of identification and provide proper access to resources and support to people. Learn more about the Zero Suicide Initiative at endeavors.org/the-zero-suicide-initiative.



22 Suicide prevention trainings provided to staff and the community

| **302** staff and **760** community members trained

STEVEN A. COHEN MILITARY FAMILY CLINICS

Endeavors operates three Cohen Clinics in Texas. These clinics provide free and low-cost counseling, life-skills courses, and mental health services for post 9/11 Veterans and their families, and active-duty members and their dependents.

17,956 Cohen Clinic sessions completed, **72%** virtually



5,344 clients served

| **2,608** individuals received Behavioral Health treatment

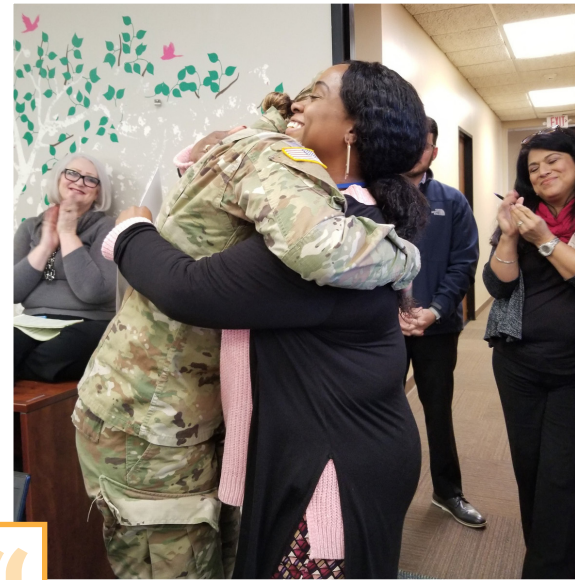
VETERAN WELLNESS CENTER

The Veteran Wellness Center (VWC)– the first of its kind in Texas – provides holistic mental-health and wellness services for Veterans and their families. A second VWC is currently under construction in El Paso, TX.



Over **3,600** people used services with the VWC

| **294** new fitness center memberships



For years, Veteran Rei struggled with bipolar disorder, schizophrenia, and substance abuse. After graduating from a recovery program, he enrolled in Endeavors' Mission Recovery Program, where he attended weekly therapy sessions that helped him manage his co-occurring mental health and substance use disorders. Today, Rei continues to tend to his wellness through Endeavors' Virtual Wellness Groups, and says, *"I decided to stay connected and get all the help I could get. That's the beauty of the therapists and counselors at Endeavors. They don't just sit back and listen and take notes. They give you practical answers in real time. It's changing my life."*